



# DREAM Team

Team bonding adventures

**B O O K N O W**

[WWW.WYEKNOTCOMMUNITY.COM](http://WWW.WYEKNOTCOMMUNITY.COM)

# Unleash Your Team's Potential with Wye Knot Community!

At Wye Knot Community, we believe that team-building adventures are more than just fun; they are powerful tools for unlocking your team's full potential. Through challenging outdoor activities, we help teams:

- **Strengthen Communication & Collaboration:** Break down silos, improve active listening, and foster open dialogue.
- **Boost Morale & Motivation:** Create a positive and energising environment that fosters camaraderie and shared purpose.
- **Enhance Problem-Solving & Decision-Making:** Develop critical thinking, strategic planning, and creative problem-solving skills.
- **Increase Trust & Rapport:** Build trust and rapport among team members through shared experiences and collaborative challenges.
- **Improve Leadership & Teamwork:** Identify and develop leadership qualities and learn to delegate effectively within a team.

## Key Benefits of Outdoor Team Building:

- **Unique and Memorable Experiences:** Create lasting memories and strengthen team bonds through exciting adventures in the beautiful Wye Valley.
- **Improved Work-Life Balance:** Encourage team members to step away from the office and recharge in nature.
- **Enhanced Creativity & Innovation:** Foster a relaxed and creative environment where ideas can flow freely.

## Our Approach:

We offer a variety of customisable packages to suit your team's needs and preferences. Whether you're looking for a full-day adventure or a shorter evening session, we can accommodate your schedule. We work with groups of up to 12, and our experienced facilitators will guide you through each activity, ensuring a safe and enjoyable experience for everyone.

# Team Building Adventure Packages

## Choose your adventure!

### Package 1: River Day Trip

- Duration: 10:00 AM - 3:00 PM
- Activity: Guided paddleboard tour on the scenic River Wye from Hereford Rowing Club to Lucksall campsite, including a delicious riverside lunch.
- Group Size: Maximum 10 people
- Inclusions: paddleboards, buoyancy aids, qualified British Paddle Boarding coaches, and lunch.

**Package 1 price: £400 (£40 per person)**

### Package 2: Paddleboarding Introduction

- Duration: 10:00 AM - 12:00 PM or 6:00 PM - 8:00 PM
- Activity: Learn paddleboarding safety and enjoy a fun paddle on the River Wye at Hereford Rowing Club. Discover the beauty of the river and develop new skills.
- Group Size: Maximum 12 people

**Package 2 price: £300 (£30 per person)**

### Package 3: Bushcraft & Cooking

- Duration: Half-day (morning or afternoon)
- Activity: Learn fire-starting techniques, cook a delicious meal using locally sourced ingredients, and enjoy the beauty of the natural environment.
- Group Size: Maximum 10 people
- Inclusions: All equipment and materials, guidance from trained Bushcraft leaders.

**Package 3 price: £300 (£30 per person)**

## **Package 4: Wilderness Adventure**

- Duration: Overnight stay (6:00 PM arrival, 10:00 AM departure)
- Activity: Immerse yourselves in nature with Bushcraft skills, fire-starting, cooking, optional wild swimming and yoga, and camping in traditional tipis.
- Group Size: Maximum 12 people
- Inclusions: All activities, equipment, meals (dinner & breakfast)

**Package 4 price: £800 (£66.67 per person)**

## **Wilderness Weekends & Special Offers:**

We also offer customised wilderness weekends and are happy to accommodate special requests.

## **NHS and Community Support:**

We are committed to supporting the Hereford community. We offer these special rates for NHS staff and local community groups.

## **Contact Us:**

To book your team-building adventure or learn more, please contact us:

**Email:** [rosemary@wyeknotcommunity.com](mailto:rosemary@wyeknotcommunity.com)

**Website:** [www.wyeknotcommunity.com](http://www.wyeknotcommunity.com)